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Newsletter No 9 – 24 June 2021



This is the penultimate newsletter of the term. After this week there are but two more to go before the next holiday period, ahead of the second half of 2021. Without being too self-satisfied, it's hard to imagine where we were at this time last year; still just coming out of post lockdown and level three trauma. Auckland was still experiencing sporadic lockdowns. While the need for vigilance is still very important, globally we are in a blessed situation. Recent information around our (Wellington's) Covid situation suggests my effusive comments may be a little ill-timed. However, in the interests of positivity I will stick by them.

We were given an impassioned presentation by Hayley from World Vision at last Friday's assembly, highlighting the dire situation in Sub-Saharan Africa, in relation to food shortages. This has been exacerbated, of course, by the impact of Covid 19 on supply chains, thus food supplies not getting to where they are needed. As a result of Hayley's talk and video delivery, many of our tamariki have expressed an interest in taking part in the 40-hour famine this weekend. Our children are not specifically required to go without food. To earn their sponsorship money, participants need to go without something requiring will-power and effort from them e.g. cell phones, i-pads or other devices or other things. Adventure School has raised significant funds in the past and I'm sure World Vision will receive similar support this year.

Parumoana Cross Country

We were a significant presence at the Parumoana Cross Country held at Queen Elizabeth Park last Thursday. Many in the team placed in the top ten and they received their certificates at Friday's assembly. Our runners did very well across the board. The table below shows the team members that were placed in the top ten. Considering there are usually around fifty runners per event our runners have done very well.

Year 4	Joshua Penno (7th)	Isabella Frew (8th)	
Year 5	Kody Cotter (8th)	Zarna Parish (8th)	Chloe Po (9th)
Year 6	Cameron Starr (1st)	Malachi Blackshaw (6th)	
	Taylor de Graaff (7th)		
	Macy Chambers (2nd)	Kaylee Burrows (6th)	
Year 7	William Caldwell (2nd)	Luke van Son (3rd)	Elliot Cox (5th)
Year 8	Daniella Starr (1st). M	atilda Po (2nd)	

Team Members who finished just outside the top ten-

Seb Smit, Riley Buswell, Connell McIntosh, Thomas Wrighton, Layla Starr, Sienna Bridge, Xander Last, Cara Johnstone, Pearl Albiston, Carter Lawrence, Jonty McMullan, Sophie Carr, Caleb Bloomfield, Indie Spalding, Hanna Incze, Alex Vaughan-Wilde, Brooke Cooper, James Carr, Ashlee Baker-Kingsbeer, Jamie de Vantier, Lucas McMullan, Corri Katene, Darius Alefosio, Gal Becher, Ishaan Khan, Sybrand Cloete, Ben Hooker, Sienna Pickering, Millie Fenemor, Holly Samu





Today our staff are attending a P.U.M. (Paid Union Meeting). I realise that this is a big inconvenience for parents and I regret that. There are significant issues facing schools and teachers, however, and it is necessary that the union take the temperature of the sector. Let's hope this is the last PUM for the year

Nō reira,tēnā koutou, tēnā koutou, tēnā koutou katoa.

John Wootton (Principal)



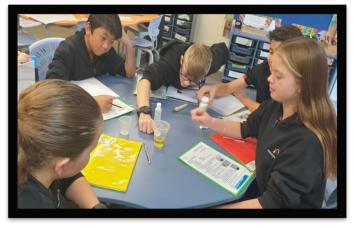
Science in Action

Totara's term two topic of inquiry.

Totara has embarked on a voyage of scientific discovery over the course of this term.

We have looked at things both small - with the micro exploration of the physical and living world, and large - with a study of weather patterns and climate change.

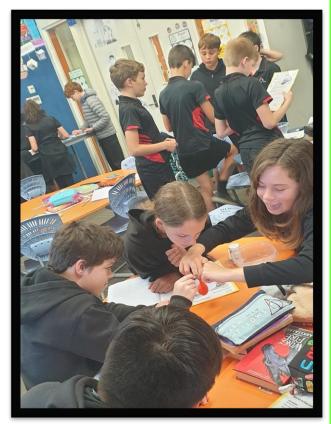




Students have been asked to apply this new learning to their own set of scientific experiments.

Hypotheses have been formed and experiments designed. Everyone is now busily transferring their notes and results onto science boards.

This is all in preparation for our Science Fair that will take part in the Hall on Wednesday of the last week of the term.



Hands on activities have sparked interest in how we observe and understand the world around us.

We have also developed an understanding of scientific method, the principles of a fair test, how to design and conduct experiments, as well as how to write everything up in a way that others will understand.



PTNi ZooDoo Fundraiser

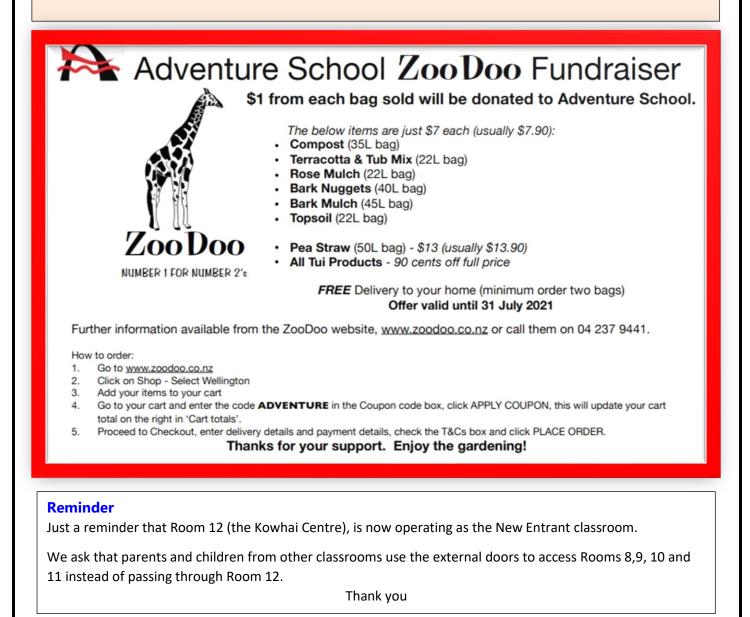
This year, the Adventure School PTNi is raising funds towards improving the outdoor environment at school. In conjunction with the amazing team at ZooDoo, who recycle manure from Wellington and Auckland zoos and sell over 60 garden and outdoor-related products, we have an exclusive fundraising offer for you:

Purchase bags of your garden favourites at discounted prices and get FREE delivery*, plus \$1 from each bag will be donated to Adventure School!

Check out the below flyer for details, then visit www.zoodoo.co.nz or call 04 237-9441 and use the code ADVENTURE to take up this great offer.

Even better, share this offer with your friends and family – it's a great deal for everyone!

*Offer valid until 31 July 2021. Offer applies to selected products only. Free delivery available on orders of two bags or more in the Wellington region. Please see the flyer below for full terms and conditions.



Subway Lunches - now accepting internet banking

Our Wednesday lunch suppliers, Subway in Tawa, are now accepting payment via internet banking as well as cash.

Their account number is: 021269 0012199 00



Please include your child's surname and Room No in the payment details. On the order envelope please write "online" for "money enclosed".

If you have any questions, please contact Subway Tawa on phone 04 232 2282.

Out and About with Room 21...

Late last term Room 21 jumped the fence up on the top field to spend 45 minutes scratching themselves on gorse in order to clean up all of the litter. We think that the infographic analysing our findings makes for interesting reading.



Asthma Information

As the parent of a child with asthma, what can you do to help the school keep your child safe?

The statisticians tell us that in New Zealand, 1 in 7 children has asthma.

As all asthmatics, whether they have mild, moderate or severe asthma, are at risk of life-threatening asthma exacerbations (attacks), parents or caregivers and the school need to be working together to ensure that the child is as risk free as possible.

What the School does:

Adventure School has a good system for storing a child's medication in labelled bags in the

office. For most children with asthma this will be a blue reliever inhaler or 'puffer' containing

salbutamol which is used with a spacer. Each child's inhaler and spacer and a copy of their

Asthma Action Plan is in a separate bag with their name on it. (More about the Action Plan later!) Each child knows to tell the teacher when they feel they need the reliever inhaler. They go to the office to use their inhaler. The office staff understand inhaler technique and would be able to assist (particularly younger children) if required. As it is often difficult to tell how bad an asthma attack is, all children should be accompanied to the office in case of worsening symptoms on the way.

What Parents/Caregivers can do to help the school with their child's asthma:

Such a big topic - I will try to be brief!

Anybody, child or adult, who **uses their reliever inhaler more than twice weekly** has asthma that is not as well-controlled as it could be.

Any child aged 5 and over who has been diagnosed with asthma should be using a preventer inhaler daily. (The daily dosage depends on the type of inhaler.)

Making sure that your child uses their preventer inhaler every day as prescribed is one of the most useful things you could do to help the school. It is better to be using a preventer daily and reducing the need for reliever inhaler than not using the preventer and using a reliever inhaler frequently.

Also very important is checking that your child's inhaler technique is good. Your medical centre should be able to check that for you, and should be checking regularly. There is good reason for this: the medication needs to get into the lungs. Not using a spacer or using an inhaler with spacer incorrectly is the difference between getting 10% to 20% of available medication and getting up to 70% or more of available medication. (NOTE: there are inhalers which do not require a spacer. They are a different shape and design from the blue inhaler.)

If your child gets asthma symptoms when exercising even when using a preventer regularly, it perfectly acceptable for the child to have 1 puff of reliever inhaler about 15 minutes before the exercise starts. I am particularly thinking of the cross-country which seems to set a lot of asthmatics off.

Finally, ensure that the school has a copy of your child's Asthma Action Plan. If you have not been given one of these ask your GP or practice nurse to organise one. They are easy to follow and give clear directions about what to do when asthma symptoms start, and what to do in emergencies. They also have a description of what 'good/worse/emergency' looks like. All adults with asthma should have one too.

If you would like to know more about asthma and how it affects you or your child, give us a call at Asthma New Zealand: **04 237 4520** or email me: <u>annec@asthma.org.nz</u>; or go to our website and fill in a self-referral form: <u>www.asthma.org.nz</u>

"Nothing else matters when you can't breathe."



Important Dates for Your Calendar Please be aware some details may change



TERM TWO				
Week 8	Thursday 24 June Friday 25-Sunday 27 June	Teacher's Paid Union Meeting (School closes at 1pm) 40 Hour Famine		
Week 9	Friday 2 July	Sausage Sizzle		
Week 10	Monday 5 July	6.30: BOT Meeting		
	Tuesday 6 July	Regional Cross Country		
	Wednesday 7 July	Dental Van on-site		
		Totara Science Fair (School Hall)		
	Thursday 8 July	Regional Cross Country pp		
	Friday 9 July	Mid-year reports sent home		
		Final day of Term 2		

2021 Term Dates				
Term One:	Friday 5 February – Friday 16 April			
Term Two:	Monday 3 May - Friday 9 July			
Term Three:	Monday 26 July - Friday 1 October			
Term Four:	Monday 18 October to Thursday 16 December			
School will be closed on the following days:				
Waitangi Day:	Monday 8 February			
Easter:	Friday 2, Monday 5 & Tuesday 6 April			
Queen's Birthday:	Monday 7 June			
Teacher Only Day:	Tuesday 8 June (Term 2)			
Labour Day:	Monday 25 October			
Teacher Only Days: Friday 19 November & Monday 22 November (Term 4)				

Community Notices

KELLY SPORTS PLAY LIKE A SPORTS HERO! – TERM 3 (Yrs. 0-4) – Wednesday's 3:05-4:05pm

Kelly Sports will be back in Term 3 with their fun and exciting classes. Come and try *Football, Hockey, Ultimate Frisbee and Dodgeball!* It's a great way to try new sports, learn new skills and improve ability.

We use games & drills to teach game sense and team play. Learn the fundamental skills for all sports – throwing, running, jumping, striking, balance and many more – all while having a great time!

For full details and to enrol into our programmes visit <u>www.kellysports.co.nz</u> email <u>adminwgtn@kellysports.co.nz</u> or call 04 972 7201

Helen O'Grady Drama Academy Drama Classes. For over 40 years. Our international curriculum will help explore performance skills and creativity, overcome shyness, develop positive self esteem, grow imagination, , make new friends and have lots of fun. Fun after-school classes for 5 – 17 year olds held in Khandallah, Tawa, Whitby, Lower Hutt,. To enroll or for more information please phone 0800 161 131 or visit <u>www.helenogradynz.co.nz</u>.

Go-Kan-Ryu (GKR) Karate

GKR Karate is opening a new karate class at the North Wellington Indoor Bowls on Onepoto Road in Titahi Bay, Friday evenings 5.30-6.30pm starting on the 25th June. Males and females, kids 5 years up to adults. Family oriented club, where kids and adults train in the same class, at the same time.

Book a Free Trial Class, call Sensei Anthony on 0277653935.

Jump'n Jig Irish Dance Classes

Saturdays, Adventure School 9.30 - 10.00am 2 & 3 Years 10.10 - 10.40am 3 & 4 Years 10.45 - 11.30am 5 & 6 Years To book in for a free trial please contact Kristina, TCRG BAED jumpnjignz@gmail.com phone 027 824 0338

Spotlight Performing Arts

Does your child like to sing, dance, act and perform? Would you like your child to build more confidence and make more friends? Performing arts classes led by a Lond West End performer! After school and weekend classes in Aotea, Johnsonville, Karori and Lower Hutt. Limited spaces so book your place now. <u>www.spotlightperformingarts.co.nz</u>

School Holiday Activities

Winter Holiday Programme @ Adventure School, 12 - 23 July 2021

BOOKINGS OPEN from Friday, 11 June! 2 weeks of popular and exciting activities await your child (e.g. Trip to Rimutaka Gym, Awesome Bounce, Laserforce, Ice Skating @ Frosty Spot, Space Place, Roller Skating Rink, Movies @ Lighthouse Cinema and much more). BOOK ONLINE: www.asfc.co.nz or for more information e-mail holprog@asfc.co.nz or call 027-454-6975. Our opening times are 7.30 am - 5.00 / 5.30pm. We are approved for Oscar subsidies! Children from all schools are welcome ©

AFTER SCHOOL FUN CLUB Holiday Programme @ Adventure School

KELLY SPORTS JULY 2021 HOLIDAY PROGRAMME - NGATITOA DOMAIN

Our hugely popular Kelly Sports Holiday Programme is back for the July Holidays for children 5-13 years. Come and join the Kelly Sports coaches for the best in sports!

We have created an Action Packed Programme including: *: Kids Vs Coaches, Challenge Day, Strike out! Bouncy Castle, Circus Day, New Sports fun day and lots more! Plus trips to Laserforce and Avalon Park, Te Papa & the movies Tom and Jerry and Zappo the magician is coming to Kelly sports.*

Click on the following link to see the activity planner - Kelly Sports July Holiday Programme Activity Planner

To enrol got to www.kellysports.co.nz/events/3073-Ngatitoa-Domain-Hall

Rackelton Holiday Programme

Once again Tawa Tennis, Tawa Squash and Wellington North Badminton are running the Racketlon holiday programme these school holidays.

Players rotate around each sport spending 1.5 hours at each club. Qualified coaches will take each session.

Please note holiday programme is for age 6 years and older.

Monday 19 July, Wednesday 21 July, Friday 23 July, 9am - 3pm

Cost per day: \$50 or sign up for three days \$135

Registrations: https://forms.gle/QZco4DvLc1TthNj37

For more information contact Babette at <u>babette@wnba.org.nz</u> or call 2324774