

School Waiata: *You Can Count On Me*

[*You Can Count On Me by Waitiri.MOV*](#)

**Nau mai haere mai ki tē kura mīharo nei
Manaakitia, te haponi**

You're welcome to this, our special school
Supported by the (school) community

**Whaia te ara tika me ngā akoranga mātua
Ko tōku toa, taki tini**

We seek the right/good path, and knowledge/skills of importance

**Whakamihamiha
Whakaute me te ngākaupono e!!!**

Our success is together: my success is our success

**E ngā tauira o tē kura nei e,
Kia tū manawanui (Me)**

Students of this school, stand strong and show perseverance/determination

**Rapua ngā hua o te ao
Kaua wareware i tōu kura**

**Seek understanding of the world
Don't forget your school**

Haka Pōwhiri: Te Waka

Kaea: E tu! Hope! Ki raro! Kia wiri! Hei runga, Hei raro

Hi! (raise hands) Ha! (lower hands - slap thigh)

Hi! (raise hands) Ha! (lower hands - slap thigh)

Kaea: **Aha, tōia mai,** (grab, grab)

CHORUS: **Te waka!** (haul)

Kaea: **Ki te urunga,** (grab, grab)

CHORUS: **Te waka!** (haul)

Kaea: **Ki te moenga,** (grab, grab)

CHORUS: **Te waka!** (haul)

ALL: **Ki te takoto rungai,
Takoto ai, Te waka!**

(arms out + chest slap x3, arms out x1)

REPEAT UNTIL MANUHIRI ARE SEATED

Hi! (Last time only)

Ah, drag it here

The canoe!

To the entry


The canoe!

To the berth

The canoe!

Up to the resting place,

Set it down, the canoe!

 Te Waka This YouTube clip can be listened to for pronunciation. Actions are different and the ending is different i.e. timing for 'Hi!'

Karakia: *Whakataka Te Hau*

[Whakataka te hau guitar&voice.MOV](#)

**Whakataka te hau ki te uru,
Whakataka te hau ki te tonga.**

**Kia mākinakina ki uta,
Kia mātaratara ki tai.**

**E hī ake ana te atākura
He tio, he huka, he hauhu
Tihei mauri ora**

Mā Te Mahi Ka Ora *'Through hard work comes fulfilment'*

📺 Mā Te Mahi Ka Ora (Official lyric video) Words and Music By John Phillips©

C

V1:

Rise and shine – it's a brand new day.

Mā te mahi ka ora.

We've set our goals, and we're on our way.

Mā te mahi ka ora.

BRIDGE:

Step by step, mile by mile.

For dreams to come true, it's up to you-

Let's start right here and now.

CHORUS:

Mā te mahi ka ora.

Remember this when you wake each day.

Mā te mahi ka ora.

That's the Adventure way.

V2:

When you're down and you've lost your way,

Mā te mahi ka ora.

We'll help you on your way again.

Mā te mahi ka ora.

BRIDGE 2:

Step by step, mile by mile.

For dreams to come true, it's up to you-

Let's start right here and now.

CHORUS 2:

Mā te mahi ka ora.

Remember this when you wake each day.

Mā te mahi ka ora.

That's the Adventure way.

BRIDGE 3:

Step by step, mile by mile.
For dreams to come true, it's up to you-
Let's start right here and now.

CHORUS 3:

Mā te mahi ka ora.
Remember this when you wake each day.
Mā te mahi ka ora.
That's the Adventure way.

OUTRO:

Mā te mahi ka ora.
That's the Adventure way.

He Toa - Adventure School Haka

nā Whaitiri Poutawa

[He Toa full version.MOV](#)

[He toa: School Haka Folder](#)

Torono tītaha:

Tītaha, tītaha

Let us reach to the future: Our future

He toa, he toa

Kia māia, kia māia

As leaders, be brave, be confident

He toa, he toa

Kia māia, kia māia

He kākano ruia mai, i rangiātea

A seed, born of greatness, descended from a line of chiefs

Hi!!

Papaki tītaha:

Tītaha, tītaha

Slap to the side

To the side

Ūhia, ūhia

Te kaha, te kaha

Cloak/adorn yourself

Ūhia, ūhia

Te kaha, te kaha

With the strength, power, energy

Kia tū rangatira mō apōpō aue.

required to stand tall as leaders of tomorrow

Hi!! Haaa!!!!