



Adventure School

5 May 2026

Adventure School Cross Country

Kia ora e te whānau

We are holding the School Cross Country in the fourth week of this term - next Tuesday, 12th May. The postponement date is Tuesday 19th May. We will advise you of any postponements via Hero.

Although we are planning to start and finish each event on the top field, Years 3-8 will use the Upper Lake as the main part of their course. We will do our best to advise any changes prior to the event.

There will be a dedicated area for supporters marked out on the field and we ask that you stick to this area for safety reasons.

The first race will begin just after **10:30am** and all races will be concluded by lunchtime - 1pm. As you will appreciate, it is difficult to predict exact start times so please use the following race order as a guide:

- All Y8s Boys competitive, Girls Competitive,
- All NE/Y1s
- Y8 Boys & Girls non-competitive
- All Y2s
- All Y3s
- All Y4s
- All Y5s Boys competitive, Girls Competitive, Boys & Girls non-competitive
- All Y6s Boys competitive, Girls Competitive, Boys & Girls non-competitive
- All Y7s Boys competitive, Girls Competitive, Boys & Girls non-competitive

As well as our normal 'Competitive' races, this year pupils from Years 5-8 will have the option of running in a shorter 'Non-Competitive' race instead. Students should wear suitable running shoes and clothing, and bring warm clothes to wear while spectating. A change of footwear is also advisable. House colours are also encouraged! If your son or daughter has an asthma inhaler at school, please remind him/her to have it with them on the course.

The top 5 in each year group and gender competitive races from Years 4-8 will **most likely** (but not certainly) be chosen to represent the school at the Parumoana Cross Country event. This will be held at Queen Elizabeth Park, Paekakariki, on Thursday 28 May (pp Tuesday 2nd June).

This year the Regional Cross Country (for those students who place in the top ten at Parumoana) will be held on Tuesday 30 June (pp Thursday 2 July) at Harcourt Park, Upper Hutt. More details about this event will be given to those who are chosen to attend.

Kind regards,

John Kelleher

Adventure School Sports Coordinator